

Child's Name: _____

Date: ____/____/____

Person completing form / Relationship to child: _____

How often would you say your child has difficulty breathing when he/she is sleeping?

NEVER OCCASIONALLY FREQUENTLY CONSTANTLY

How often would you say your child snores?

NEVER OCCASIONALLY FREQUENTLY CONSTANTLY

1. While sleeping, does your child: Y N DK

- Snore more than half of the time?
- Always snore?
- Snore loudly?
- Have a "heavy" or loud breathing?
- Have trouble breathing, or struggle to breathe?

2. Have you ever seen your child stop breathing during the night?

3. Does your child?

- Tend to breathe through the mouth during the day.....
- Have a dry mouth on waking up in the morning?
- Occasionally wet the bed?

4. Does your child?

- Wake up feeling unrefreshed in the morning?
- Have a problem with sleepiness during the day?

5. Has a teacher or other supervisor commented that your child appears sleepy during the day?

6. Is it hard to wake your child up in the morning?

7. Does your child wake up with headaches in the morning?

8. Did your child stop growing at a normal rate at any time since birth?

9. Is your child overweight?

10. This child *OFTEN*:

- Does not seem to listen when spoken to directly
- Has difficulty organizing tasks and activities
- Is easily distracted by extraneous stimuli
- Fidgets with hands or feet or squirms in seat
- Is "on the go" or often acts as if "driven by a motor"
- Interrupts or intrudes on others (e.g. butts into conversation or games)

What time is child's usual bedtime?

How long does it take him/her to fall asleep?

	Yes	No	Some	Don't Know
Does child wake at night?				
Is child sleepy during the day?				
Does the child habitually nap?				
Does the child bang his head in sleep?				
Is the child a restless sleeper?				
Does the child have leg pains?				
Does child have nightmares?				
Does he/she scream in sleep?				
Is there teeth grinding during sleep?				
Does Child sleepwalk?				
Does Child wet the Bed?				
Does the child Snore?				
Does the child Mouth breathe?				
Does the child kick during sleep?				

Any additional comments regarding your child's sleep patterns that should be mentioned?